

# الأذكار والأدعية داخل الصلاة وبعد التسليم

**Words of Remembrance and Supplications in  
The Salah and After Tasleem**

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**Based on the works of  
Shaykh Abdul Aziz bin Marzouq At-Tarefe**

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## Introduction

Verily all praise is for Allah, we praise Him and seek His aid and ask for His forgiveness, and we seek refuge with Allah from the evils of ourselves and our evil actions. Whomever Allah guides there is none who can misguide him, and whomever Allah misguides there is none who can guide him, and I bear witness that none has the right to be worshipped except Allah Alone, having no partner, and I bear witness that Muhammad is His slave and His Messenger.

يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ وَاحِدَةٍ وَخَلَقَ مِنْهَا زَوْجَهَا  
وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا وَنِسَاءً وَاتَّقُوا اللَّهَ الَّذِي تَسَاءَلُونَ بِهِ وَالْأَرْحَامَ إِنَّ اللَّهَ  
كَانَ عَلَيْكُمْ رَقِيبًا

“O mankind, fear your Lord, who created you from one soul and created from it its mate and dispersed from both of them many men and women. And fear Allah, through whom you ask one another, and the wombs. Indeed, Allah is ever, over you, an Observer.” [Surah An-Nisa':1]

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ حَقَّ تُقَاتِهِ وَلَا تَمُوتُنَّ إِلَّا وَأَنْتُمْ مُسْلِمُونَ

“O you who believe! Fear Allah as He should be feared, and die not except in a state of Islam.”

[Surah Al-i-'Imran: 102]

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ وَقُولُوا قَوْلًا سَدِيدًا يُصْلِحْ لَكُمْ أَعْمَالَكُمْ وَيَغْفِرْ  
لَكُمْ ذُنُوبَكُمْ وَمَنْ يُطِيعِ اللَّهَ وَرَسُولَهُ فَقَدْ فَازَ فَوْزًا عَظِيمًا

“O you who believe! Fear Allah, and (always) and speak words of appropriate justice that He may make your conduct whole and sound and forgive you your sins: He who obeys Allah and His Messenger, has already attained the highest achievement.”

[Surah Al-Ahzab: 70-71]

As for what follows:

Verily the most truthful speech is the Word of Allah and the best guidance is the guidance of Muhammad ﷺ, and the worst of affairs are the novelties and every novelty is an innovation and every innovation is a going astray and every going astray is in the Fire.

This treatise is based on the works of Shaykh Abdul Aziz bin Marzouq At-Tarefe. We have primarily relied upon the book he has written on the description of the Salah of the Prophet ﷺ<sup>1</sup> and his book words of Remembrance in the Morning and evening– Dirayah wa Rewiyah<sup>2</sup>.

The chapters have been restricted to only mentioning the words of remembrance and supplications made within the prayer and after it. References have been quoted under each supplication and word of remembrance.

It is made in an easy format for students of knowledge to read, memorise and understand what we say in prayer and an opportunity for us to lengthen our prayer by mentioning more of the words of remembrance found in the Sunnah.

We ask Allah to guide us to that which is proper - verily He is the One having authority over that and having the Power to do so. May Allah purify our intentions and hearts and accept our deeds from us.

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<sup>1</sup> **Reference:** Description of the Prayer of the Prophet ﷺ, Darul Minhaj publications, Riyadh, Edition 2009 - <http://www.altarefe.com/cnt/books/247>

<sup>2</sup> **Reference:** Words of Remembrance in the Morning and evening– Dirayah wa Rewiyah, Darul Minhaj publications, Riyadh, 4<sup>th</sup> Edition 2011 - <http://www.altarefe.com/cnt/books/241>

## Words of Remembrance and Supplications in Salah and After Tasleem

### Opening Supplication

اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ  
وَالْمَغْرِبِ، اللَّهُمَّ نَقِّنِي مِنْ خَطَايَايَ، كَمَا يُنَقَّى الثَّوْبُ  
الْأَبْيَضُ مِنَ الدَّنَسِ، اللَّهُمَّ اغْسِلْنِي مِنْ خَطَايَايَ بِالثَّلْجِ  
وَالْمَاءِ وَالْبَرَدِ.

“O Allah, separate me from my sins as You have separated the East from the West. O Allah, cleanse me of my transgressions as the white garment is cleansed of stains. O Allah, wash away my sins with ice and water and frost.”<sup>3</sup>

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<sup>3</sup> **Sahih:** Recorded in Sahih Bukhari (no. 744) and Sahih Muslim (no. 598a-b) from the narration of Abu Hurairah.

وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَوَاتِ وَالْأَرْضَ حَنِيفًا وَمَا أَنَا  
 مِنَ الْمُشْرِكِينَ، إِنَّ صَلَاتِي، وَنُسُكِي، وَمَحْيَايَ، وَمَمَاتِي لِلَّهِ رَبِّ  
 الْعَالَمِينَ، لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ.  
 اللَّهُمَّ أَنْتَ الْمَلِكُ لَا إِلَهَ إِلَّا أَنْتَ، أَنْتَ رَبِّي وَأَنَا عَبْدُكَ،  
 ظَلَمْتُ نَفْسِي وَاعْتَرَفْتُ بِذُنُوبِي فَاعْفُرْ لِي ذُنُوبِي جَمِيعًا إِنَّهُ  
 لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، وَاهْدِنِي لِأَحْسَنِ الْأَخْلَاقِ لَا يَهْدِي  
 لِأَحْسَنِهَا إِلَّا أَنْتَ، وَاصْرِفْ عَنِّي سَيِّئَهَا لَا يَصْرِفُ عَنِّي  
 سَيِّئَهَا إِلَّا أَنْتَ، لَبَّيْكَ وَسَعْدَيْكَ، وَالْخَيْرُ كُلُّهُ بِيَدَيْكَ، وَالشَّرُّ  
 لَيْسَ إِلَيْكَ، أَنَا بِكَ وَإِلَيْكَ، تَبَارَكْتَ وَتَعَالَيْتَ، أَسْتَغْفِرُكَ  
 وَأَتُوبُ إِلَيْكَ

“I have turned my face sincerely towards He who has brought forth the heavens and the Earth and I am not of those who associate (others with Allah). Indeed, my prayer, my sacrifice, my life and my death are for Allah, Lord of the worlds, no partner has He, with this I am commanded and I am of the Muslims. O Allah, You are the Sovereign, none has the right to be worshipped except You. You are my Lord and I am Your servant, I have wronged my own soul and have acknowledged my sin, so forgive me all my sins for no one forgives sins except You. Guide me to the best of characters for none can guide to it other than You, and deliver me from the worst of characters for none can deliver me from it other than You. Here I am, in answer to Your call, happy to serve you. All good is within Your hands and evil does not stem from You. I exist by your will and will return to you. Blessed and High are You, I seek Your forgiveness and repent unto You.”<sup>4</sup>

<sup>4</sup> Sahih: Recorded in Sahih Muslim (no. 771a) from the narration of Ali ibn Abi Talib.

اللَّهُ أَكْبَرُ كَبِيرًا وَالْحَمْدُ لِلَّهِ كَثِيرًا وَسُبْحَانَ اللَّهِ بُكْرَةً وَأَصِيلًا

“Allah is the Greatest, Most Great. Praise is to Allah, abundantly. Glory is to Allah, at the break of day and at its end.”<sup>5</sup>

الْحَمْدُ لِلَّهِ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

“Praise be to Allah, much praised and blessed.”<sup>6</sup>

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، وَتَبَارَكَ اسْمُكَ، وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ غَيْرُكَ

“You are Glorified, O Allah, and Praised; Your Name is blessed; Your Majesty is Exalted, and none has the right to be worshipped but You.”<sup>7</sup>

### Seeking Refuge in Allah

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

“I seek refuge in Allah from the accursed devil.”<sup>8</sup>

<sup>5</sup> **Sahih:** Recorded in Sahih Muslim (no. 601) from the narration of Abdullah ibn Umar.

<sup>6</sup> **Sahih:** Recorded in Sahih Muslim (no. 600) from the narration of Anas.

<sup>7</sup> **Sahih:** Recorded in Sahih Muslim (no. 399c), it is proven to be a statement of Umar ibn Khattab.

<sup>8</sup> **Qur'an:** Surah Al-Nahl: 98

## Supplications in Ruku' (Bowing)

Any of the following invocations can be recited individually or combined:

سُبْحَانَ رَبِّيَ الْعَظِيمِ

“Exalted and perfect is my Lord the Great...”<sup>9</sup>

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ، اللَّهُمَّ اغْفِرْ لِي

“Exalted [from unbecoming attributes] Are you O Allah our Lord, and by Your praise [do I exalt you]. O Allah! Forgive me.”<sup>10</sup>

سُبُّوحٌ قُدُّوسٌ رَبُّ الْمَلَائِكَةِ وَالرُّوحِ

“All Glorious, All Holy, Lord of the Angels and the Spirit.”<sup>11</sup>

سُبْحَانَكَ وَبِحَمْدِكَ لَا إِلَهَ إِلَّا أَنْتَ

“Exalted are You and by your praise [do I exalt you], there is no deity worthy of worship except You.”<sup>12</sup>

<sup>9</sup> **Sahih:** Recorded in Sahih Muslim (no. 772) from the narration of Hudhaifah.

<sup>10</sup> **Sahih:** Recorded in Sahih Bukhari (no. 794) from the narration of Aishah.

<sup>11</sup> **Sahih:** Recorded in Sahih Muslim (no. 487a) from the narration of Aishah.

<sup>12</sup> **Sahih:** Recorded in Sahih Muslim (no. 485) from the narration of Aishah.

اللَّهُمَّ لَكَ رَكَعْتُ وَبِكَ آمَنْتُ وَلَكَ أَسَلَمْتُ خَشَعَ لَكَ  
سَمْعِي وَبَصَرِي وَمُخِّي وَعَظْمِي وَعَصْبِي

"O Allah, to You I bow (in prayer) and in You I believe and to You I have submitted. Before You my hearing is humbled, as is my sight, my mind, my bones, my nerves..."<sup>13</sup>

سُبْحَانَ ذِي الْجَبَرُوتِ وَالْمَلَكُوتِ وَالْكِبْرِيَاءِ وَالْعَظَمَةِ

"Glory be to the Possessor of greatness, the Kingdom, grandeur and majesty."<sup>14</sup>

<sup>13</sup> **Sahih:** Recorded in Sahih Muslim (no. 771a) from the narration of Ali bin Abu Talib.

<sup>14</sup> **Sahih:** Recorded in Sunan Abu Dawud (no. 873) from the narration of Awf ibn Malik Al-Ashja'i, it is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in Sifatu Salah an-Nabi ﷺ (pg. 125)



## Supplications Whilst One Is Standing Straight After Performing Ruku'

Any of the following invocations can be recited individually or combined:

اللَّهُمَّ رَبَّنَا لَكَ الْحَمْدُ

“O Allah, Our Lord, to You be all Praise.”<sup>15</sup>

اللَّهُمَّ رَبَّنَا وَلَكَ الْحَمْدُ

“O Allah, Our Lord, and to You be all Praise.”<sup>16</sup>

رَبَّنَا لَكَ الْحَمْدُ

“Our Lord, to You be all Praise.”<sup>17</sup>

رَبَّنَا وَلَكَ الْحَمْدُ

“Our Lord, and to You be all Praise.”<sup>18</sup>

رَبَّنَا وَلَكَ الْحَمْدُ، حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

“O our Lord! All the praises are for You, many good and blessed praises.”<sup>19</sup>

<sup>15</sup> **Sahih:** Recorded in Sahih Bukhari (no. 796) from the narration of Abu Hurairah.

<sup>16</sup> **Sahih:** Recorded in Sahih Bukhari (no. 795) from the narration of Abu Hurairah.

<sup>17</sup> **Sahih:** Recorded in Sahih Bukhari (no. 722) from the narration of Abu Hurairah.

<sup>18</sup> **Sahih:** Recorded in Sahih Bukhari (no. 689) and Sahih Muslim (no. 411) from the narration of Anas.

<sup>19</sup> **Sahih:** Recorded in Sahih Bukhari (no. 799) from the narration of Rifa`a bin Rafi` Az-Zuraqi.

رَبَّنَا لَكَ الْحَمْدُ مِلءَ السَّمَوَاتِ وَالْأَرْضِ وَمِثْلَهُ مَا شِئْتَ مِنْ  
شَيْءٍ بَعْدُ أَهْلَ الثَّنَاءِ وَالْمَجْدِ أَحَقُّ مَا قَالَ الْعَبْدُ وَكُلُّنَا لَكَ  
عَبْدٌ اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ وَلَا مُعْطِيَ لِمَا مَنَعْتَ وَلَا  
يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

“O Allah! our Lord, fills the heavens and the earth and what lies between them, and whatever else You please. (You Allah) are most worthy of praise and majesty, and what the slave has said - we are all Your slaves. O Allah, there is none who can withhold what You give, and none may give what You have withheld. And the might of the mighty person cannot benefit him against You.”<sup>20</sup>

<sup>20</sup> **Sahih:** Recorded in Sahih Muslim (no. 477) from the narration of Abu Sa'id Al-Khudri

## Supplications During Sujud

Any of the following invocations can be recited individually or combined:

سُبْحَانَ رَبِّيَ الْأَعْلَى

“Exalted and perfect is my Lord, the All-High...”<sup>21</sup>

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ، اللَّهُمَّ اغْفِرْ لِي

“Exalted [from unbecoming attributes] Are you O Allah our Lord, and by Your praise [do I exalt you]. O Allah! Forgive me.”<sup>22</sup>

سُبْحَانَكَ وَبِحَمْدِكَ لَا إِلَهَ إِلَّا أَنْتَ

“Exalted are You and by your praise [do I exalt you], there is no deity worthy of worship except You.”<sup>23</sup>

اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي كُلَّهُ دِقَّةً وَجِلَّةً وَأَوَّلَهُ وَآخِرَهُ وَعَلَانِيَتَهُ  
وَسِرَّهُ

“O Lord, forgive me all my sins, small and great, first and last, open and secret.”<sup>24</sup>

<sup>21</sup> **Sahih:** Recorded in Sahih Muslim (no. 772) from the narration of Hudhaifah.

<sup>22</sup> **Sahih:** Recorded in Sahih Bukhari (no. 817) from the narration of Aishah.

<sup>23</sup> **Sahih:** Recorded in Sahih Muslim (no. 485) from the narration of Aishah.

<sup>24</sup> **Sahih:** Recorded in Sahih Muslim (no. 483) from the narration of Abu Hurairah.

اللَّهُمَّ لَكَ سَجَدْتُ وَبِكَ آمَنْتُ وَلَكَ أَسَلَمْتُ سَجَدَ وَجْهِي  
لِلَّذِي خَلَقَهُ وَصَوَّرَهُ وَشَقَّ سَمْعَهُ وَبَصَرَهُ تَبَارَكَ اللَّهُ أَحْسَنُ  
الْخَالِقِينَ

"O Allah, to You I prostrate myself and in You I believe. To You I have submitted. My face is prostrated to the One Who created it, fashioned it, and gave it hearing and sight. Blessed is Allah, the Best of creators."<sup>25</sup>

سُبْحَانَ ذِي الْجَبْرُوتِ وَالْمَلَكُوتِ وَالْكِبْرِيَاءِ وَالْعَظَمَةِ

"Glory be to the Possessor of greatness, the Kingdom, grandeur and majesty."<sup>26</sup>

### Invocation Between the Two Prostrations

رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي

"O my Lord! Forgive me, O my Lord! Forgive me."<sup>27</sup>

<sup>25</sup> **Sahih:** Recorded in Sahih Muslim (no. 771a) from the narration of Ali bin Abu Talib.

<sup>26</sup> **Sahih:** Recorded in Sunan Abu Dawud (no. 873) from the narration of Awf ibn Malik Al-Ashja'i, it is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in Sifatu Salah an-Nabi ﷺ (pg. 125)

<sup>27</sup> **Sahih:** Recorded in Sunan Abu Dawud (no. 874) from the narration of Hudhaifah. Shaykh Abdul Aziz bin Marzouq At-Tarefe mentioned it has been confirmed from the Prophet (ﷺ). Refer to Sifatu Salah an-Nabi ﷺ (pg. 134) by Shaykh Abdul Aziz bin Marzouq At-Tarefe

## Supplications in Tashahhud

التَّحِيَّاتُ لِلَّهِ، وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا  
النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ  
الصَّالِحِينَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ  
وَرَسُولُهُ

“All the compliments, prayers and good things are due to Allah; peace be on you, O Prophet, and Allah's mercy and blessings [be on you]. Peace be on us an on the pious subjects of Allah). (If you say that, it will reach all the subjects in the heaven and the earth. I testify that there is no Deity [worthy of worship] but Allah, and I testify that Muhammad is His slave and His Messenger”.<sup>28</sup>

التَّحِيَّاتُ الْمُبَارَكَاتُ الصَّلَوَاتُ الطَّيِّبَاتُ لِلَّهِ السَّلَامُ عَلَيْكَ  
أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ  
اللَّهِ الصَّالِحِينَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا  
رَسُولُ اللَّهِ

“All blessed compliments and good prayers are due to Allah; peace be upon you, O Prophet, and the mercy of Allah and His blessings; peace be upon us and upon the righteous slaves of Allah. I bear witness that none has the right to be worshipped but Allah and I bear witness that Muhammad is His slave and Messenger.”<sup>29</sup>

<sup>28</sup> **Sahih:** Recorded in Sahih Bukhari (no. 831) and Sahih Muslim (no. 402) from the narration of Abdullah ibn Mas'ud.

<sup>29</sup> **Sahih:** Recorded in Sahih Muslim (no. 403a) from the narration of Abdullah ibn Abbas.

لَطِيبَاتُ الصَّلَوَاتُ لِلَّهِ السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ  
وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ أَشْهَدُ أَنْ لَا  
إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

“All services rendered by words, acts of worship and all good things are due to Allah. Peace be upon you, O Apostle, and Allah's mercy and blessings. Peace be upon us and upon the upright servants of Allah. I testify that there is no god but Allah, and I testify that Muhammad is His servant and His Messenger.”<sup>30</sup>

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<sup>30</sup> **Sahih:** Recorded in Sahih Muslim (no. 404a) from the narration of Hattan bin `Abdullah Al-Raqashi who reported he prayed with Abu Musa Al-Ash`ari.

## Ways of Sending Salah (Blessings) Upon The Prophets Muhammad and Ibrahim

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى  
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ بَارِكْ  
عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ،  
وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

O Allah! Send Your Mercy on Muhammad and on the family of Muhammad, as You sent Your Mercy on Abraham and on the family of Abraham, for You are the Most Praise-worthy, the Most Glorious. O Allah! Send Your Blessings on Muhammad and the family of Muhammad, as You sent your Blessings on Abraham and on the family of Abraham, for You are the Most Praise-worthy, the Most Glorious."<sup>31</sup>

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَأَزْوَاجِهِ وَذُرِّيَّتِهِ، كَمَا صَلَّيْتَ عَلَى  
آلِ إِبْرَاهِيمَ، وَبَارِكْ عَلَى مُحَمَّدٍ وَأَزْوَاجِهِ وَذُرِّيَّتِهِ، كَمَا  
بَارَكْتَ عَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

"Say: O Allah! Send Your Mercy on Muhammad and on his wives and on his off spring, as You sent Your Mercy on Abraham's family; and send Your Blessings on Muhammad and on his offspring, as You sent Your Blessings on Abraham's family, for You are the Most Praiseworthy, the Most Glorious."<sup>32</sup>

<sup>31</sup> **Sahih:** Recorded in Sahih Bukhari (no. 3370) and Sahih Muslim (no. 406) from the narration of Ka'b bin Ujrah.

<sup>32</sup> **Sahih:** Recorded in Sahih Bukhari (no. 3369) from the narration of Abu Humaid As-Sa`idi.

## Supplications Before Saying Tasleem

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ وَمِنْ عَذَابِ الْقَبْرِ  
وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

“O Allah! I seek refuge with Thee from the torment of the Hell, from the torment of the grave, from the trial of life and death and from the evil of the trial of Masih Al-Dajjal (Antichrist).”<sup>33</sup>

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<sup>33</sup> **Sahih:** Recorded in Sahih Bukhari (no. 1377) from the narration of Abu Hurairah.



## Supplication and Remembrance After the Obligatory Prayer

أَسْتَغْفِرُ اللَّهَ (3x)

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ، تَبَارَكْتَ ذَا الْجَلَالِ  
وَالْإِكْرَامِ

I seek the forgiveness of Allah (three times).

“O Allah, You are Peace and from You comes peace. Blessed are You, O Owner of majesty and honour.”<sup>34</sup>

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ  
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا  
مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

None has the right to be worshipped but Allah alone, he has no partner, his is the dominion and his is the praise, and he is able to do all things. O Allah, there is none who can withhold what you give, and none may give what you have withheld; and the might of the mighty person cannot benefit him against you.<sup>35</sup>

<sup>34</sup> **Sahih:** Recorded in Sahih Muslim (no. 591) from the narration of Thawban.

<sup>35</sup> **Sahih:** Recorded in Sahih Bukhari (no. 844) and Sahih Muslim (no. 593) from the narration of Al-Mughirah bin Shu`bah.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ  
 وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا  
 إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ  
 الثَّنَاءُ الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ  
 الْكَافِرُونَ

“None has the right to be worshipped but Allah alone, He has no partner, His is the dominion and His is the praise and He is Able to do all things. There is no power and no might except by Allah. None has the right to be worshipped but Allah, and we do not worship any other besides Him. His is grace, and His is bounty and to Him belongs the most excellent praise. None has the right to be worshipped but Allah. (We are) sincere in making our religious devotion to Him, even though the disbelievers may dislike it.”<sup>36</sup>

رَبِّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ {تَجْمَعُ} عِبَادَكَ

“O my Lord! save me from your torment on the day when you would raise (or gather) your servants.”<sup>37</sup>

<sup>36</sup> **Sahih:** Recorded in Sahih Muslim (no. 594a) from the narration of ibn Zubair.

<sup>37</sup> **Sahih:** Recorded in Sahih Muslim (no. 709a) from the narration of Al-Bara.

اللَّهُمَّ اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ وَمَا أَسْرَرْتُ وَمَا  
أَعْلَنْتُ وَمَا أَسْرَفْتُ وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، أَنْتَ الْمُقَدِّمُ  
وَأَنْتَ الْمُؤَخِّرُ لَا إِلَهَ إِلَّا أَنْتَ

“Forgive me of the earlier and later open and secret (sins) and that where I made transgression and that You know better than I. You are the First and the Last. There is no god, but You.”<sup>38</sup>

This was said after the night prayer (tahajjud).

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<sup>38</sup> **Sahih:** Recorded in Sahih Muslim (no. 771a) from the narration of Ali bin Abu Talib.

**One Can Choose from Any of the Below Ways as All of Them Are Found in Different Narrations:**

سُبْحَانَ اللَّهِ (10x) أَلْحَمْدُ لِلَّهِ (10x) اللَّهُ أَكْبَرُ (10x)

Glory is to Allah, and praise is to Allah, and Allah is the Greatest (Each said Ten Times).<sup>39</sup>

Or

سُبْحَانَ اللَّهِ (33x) أَلْحَمْدُ لِلَّهِ (33x) اللَّهُ أَكْبَرُ (33x)

Then Recite The Following, Completing A 100:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ  
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

“Glory is to Allah, and praise is to Allah, and Allah is the Greatest (each said thirty-three times). None has the right to be worshipped but Allah alone, He has no partner, His is the dominion and His is the praise and He is Able to do all things.”<sup>40</sup>

Or

سُبْحَانَ اللَّهِ (33x) أَلْحَمْدُ لِلَّهِ (33x) اللَّهُ أَكْبَرُ (34x)

Glory is to Allah (33x), and praise is to Allah (33x), and Allah is the Greatest (34x)<sup>41</sup>

Or

<sup>39</sup> **Sahih:** Recorded in Sahih Bukhari (no. 6329) from the narration of Abu Hurairah.

<sup>40</sup> **Sahih:** Recorded in Sahih Muslim (no. 597a) from the narration of Abu Hurairah.

<sup>41</sup> **Sahih:** Recorded in Sahih Bukhari (no. 5361) from the narration of Ali bin Abu Talib.

سُبْحَانَ اللَّهِ (25x) أَلْحَمْدُ لِلَّهِ (25x) اللَّهُ أَكْبَرُ (25x)  
لَا إِلَهَ إِلَّا اللَّهُ (25x)

“Glory is to Allah (25x), and praise is to Allah (25x), and Allah is the Greatest (25x), None has the right to be worshipped but Allah alone (25x).”<sup>42</sup>

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<sup>42</sup> **Sahih:** Recorded in Sunan Nasa’i (no. 1350) and Sunan Tirmidhi (no. 3413) from the narration of Zaid bin Thabit, it is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book ‘Morning and evening Remembrance (pg. 73-74)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ  
غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾  
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

Surah Al-Falaq 113:1-5

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾  
مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ  
النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ وَالنَّاسِ

Surah An-Nas 114:1-6<sup>43</sup>

Shaykh Abdul Aziz bin Marzouq At-Tarefe mentions the is not authentic narration to recite Surah Al-Ikhlās after the obligatory prayers, except that some scholars have included Surah Al-Ikhlās as part of the mu'awwadhatāin (Surah Al-Falaq and Surah An-Nas).<sup>44</sup>

<sup>43</sup> **Sahih:** Recorded in Musnad Ahmad (4/155) Sunan Abu Dawud (no. 1523) from the narration of 'Uqbah bin 'Amir, it is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book 'Morning and evening Remembrance (pg. 74) and in Sifatu Salah an-Nabi ﷺ (pg. 177) 2<sup>nd</sup> edition.

<sup>44</sup> **Reference:** Refer to Sifatu Salah an-Nabi ﷺ (pg. 177) 2<sup>nd</sup> edition.

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَةٌ وَلَا  
 نَوْمٌ ۚ لَّهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ ۗ مَنْ ذَا الَّذِي  
 يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا  
 خَلْفَهُمْ ۗ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۗ  
 وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ ۗ وَلَا يَئُودُهُ حِفْظُهُمَا ۗ  
 وَهُوَ الْعَلِيُّ الْعَظِيمُ

Surah Al-Baqarah 2:255<sup>45</sup>

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبُخْلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ، وَأَعُوذُ  
 بِكَ أَنْ أُرَدَّ إِلَى أَرْدَلِ الْعُمُرِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا  
 يَعْني فِتْنَةَ الدَّجَالِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ

"O Allah! I seek refuge with You from miserliness; and seek refuge with You from cowardice; and seek refuge with You from being sent back to geriatric old age; and I seek refuge with You from the affliction of this world (i.e., the affliction of Ad-Dajjal etc.); and seek refuge with You from the punishment of the grave."<sup>46</sup>

<sup>45</sup> **Sahih:** Recorded by An-Nasa'i in Al-Kubra (no. 9848) and in his book Amal Al-Yawm wal-Laylah (no. 100) and Ibn Sunni in Amal Al-Yawm wal-Laylah (no. 124) from the narration of Abu Umamah. It is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book 'Morning and evening Remembrance (pg. 74) and in Sifatu Salah an-Nabi ﷺ (pg. 177) 2<sup>nd</sup> edition.

<sup>46</sup> **Sahih:** Recorded in Sahih Bukhari (no. 6365) from the narration of Sa'd bin Abi Waqqas.

اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَخَطَايَايَ كُلَّهَا، اللَّهُمَّ أَنْعِشْنِي،  
وَاجْبُرْنِي، وَاهْدِنِي لِصَالِحِ الْأَعْمَالِ وَالْأَخْلَاقِ، إِنَّهُ لَا يَهْدِي  
لِصَالِحِهَا وَلَا يَصْرِفُ سَيِّئَهَا إِلَّا أَنْتَ

O Allah forgive all my sins and wrongdoings. Revive me and compel me and guide me to do pious actions and to be of good character. And no one guides to goodness (piousness) and removes evil except you.<sup>47</sup>

اللَّهُمَّ بِكَ أُحَاوِلُ، وَبِكَ أُصَاوِلُ، وَبِكَ أُقَاتِلُ

“O Allah with your (help) I power, I attack (assault) and Fight.”<sup>48</sup>

The Messenger of Allah ﷺ said this after the Fajr (dawn) prayer on the day of the battle of Hunain, so it is to be said at a time of distress and anguish.

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

"O Allah, help me in remembering You, in giving You thanks, and worshipping You well."<sup>49</sup>

**All Praise Is Due to Allah and His Blessings and Peace Be Upon His Prophet, His Family and His Companions.**

**End of The Treatise.**

<sup>47</sup> **Sahih:** Recorded by Ibn Sunni in Amal Al-Yawm wal-Laylah (no. 116) from the narration of Abu Umamah. It is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book ‘Morning and evening Remembrance (pg. 75).

<sup>48</sup> **Sahih:** Recorded by Ibn Sunni in Amal Al-Yawm wal-Laylah (no. 117) from the narration of Suhaib. It is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book ‘Morning and evening Remembrance (pg. 75).

<sup>49</sup> **Sahih:** Recorded in Sunan Abu Dawud (no. 1522) from the narration of Mu’adh ibn Jabal. It is regarded as Sahih according to Sheikh Abdul Aziz bin Marzouq At-Tarefe in his book ‘Morning and evening Remembrance (pg. 75).